

People who help me (page 11)

Mum	Dad	Grandma	Grandpa	Uncle	Auntie	Sister	Brother
Cousin	Uncle	Uncle	Auntie	Auntie	Sister	Brother	Cousin

Things I love to do or would like to try (page 13)

Listen to music	Play sport	Watch sport	Go bush	Join a sporting club	Learn about my Culture	Make art	Use a Computer
Make music	Family gatherings	Make a movie	Travel	Get a job			

My strengths (page 19)

Listening	Speaking	Keeping secrets	Helping people slow down	Making people laugh	Remembering things	Smiling	Making a cuppa
Hugging	Looking after things	Sport	Being strong in Culture ways	Creating music	Dance		

What I need help with (page 15)



Getting out of bed



Using a toilet



Washing




Getting dressed



Making food




Eating food



Being understood



Taking medicine




Getting equipment



Staying healthy




Staying safe



Looking after my home



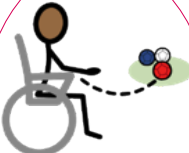
Getting around



Getting around



Learning new things



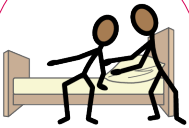
Having fun



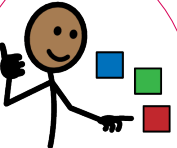
Being active



Finding & keeping a job



Taking a break



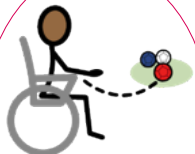
Having more choices



Having more control



Getting organised



Getting around




Making friends




Shopping



Managing money



Doctor appointments



Understanding my rights

