## Building your group of supporters resources





What is a Network?: http://plan.ca/what-we-do/networks/plans-networks/

Planned Lifetime Advocacy
Network: https://www.
facebook.com/JoinPLAN

How building a group of supporters can help you to have a more safe and secure future. Join the Facebook page for ongoing updates.



PLAN: AI Etmanski talks about PLAN Networks: https://www.youtube.com/ watch?v=IF-h0omli4I#t=12

PLAN: Al Etmanski talks about PLAN Networks



PLAN: http://plan.ca/

Stories about planning with a group of people who know the person well.



VELA: http://www.velacanada.org

A Microboard<sup>™</sup> - a group of family and friends forming a non-profit society supporting one person.



MICROBOARDS: http://microboard.org.au

About microboards in Australia.



Loneliness resource pack: http://www.jrf.org.uk/ publications/lonelinessresource-pack Loneliness Resource Pack - helps all of us to take a closer look at – and reduce – loneliness.