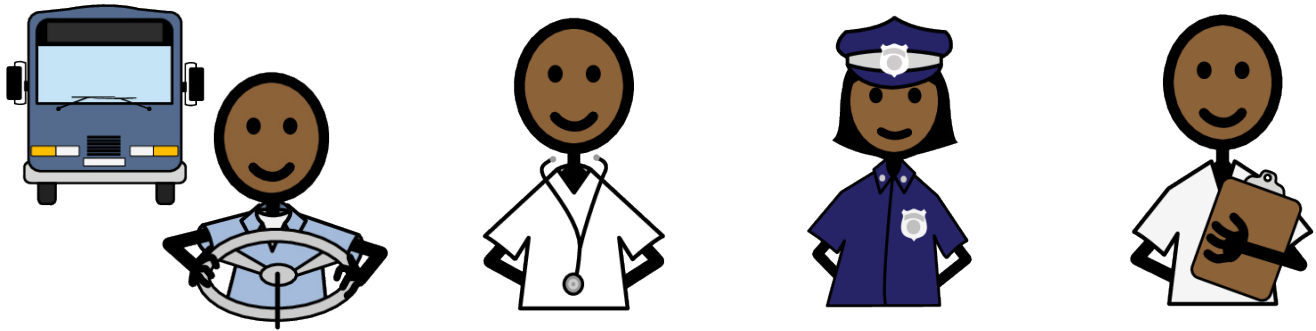




## Equality

We have the right to be treated as equal citizens.





**Do you need help to understand how the systems you are in work?**

## Do you need help to understand how the systems you are in work?

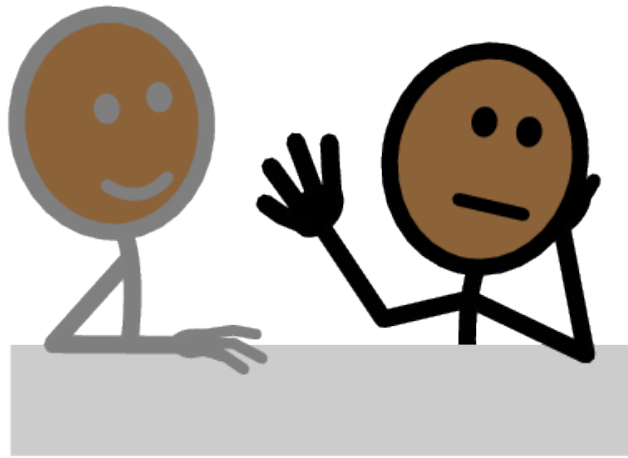
Do you or your supporters need help to understand any of these things:

- the roles of people who work in the system?
- how the system works?
- the language of the system?
- how to interact with the system?
- how to make a complaint?
- the laws which the system must follow?
- how to influence the system?
- which people or systemic advocacy organisations can help you with these things?



**What other things about systems might you need help to understand?**

Write your ideas in your planning manual.

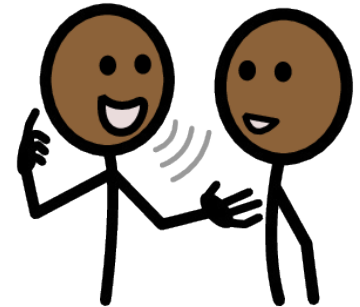


**Do you need help for your voice  
to be heard?**

## Do you need help for your voice to be heard?

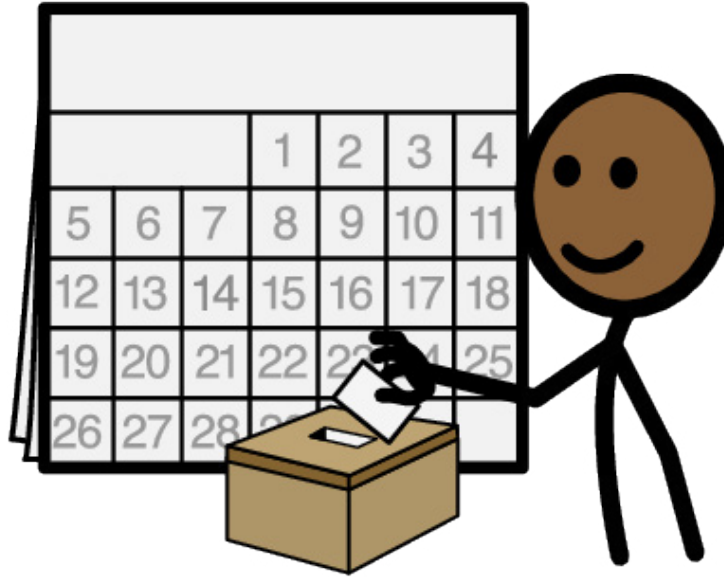
Do you or your supporters need help for you to be heard, for example:

- somebody to coach you in how to express your opinions?
- a close friend or family member to come to meetings with you?
- somebody from your community to come with you and take notes?
- a professional who knows and understands you, for example a teacher, social worker or service co-ordinator?
- someone to help you to write a letter which explains your point of view?
- a professional advocate from an advocacy organisation?
- somebody who can help you from a legal perspective, for example a lawyer or legal service?



### What other help might your supporters need?

Write your ideas in your planning manual.

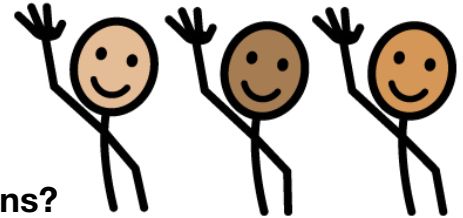


**Do you need help to vote in elections?**

## Do you need help to vote in local, state and national elections, and in other processes?

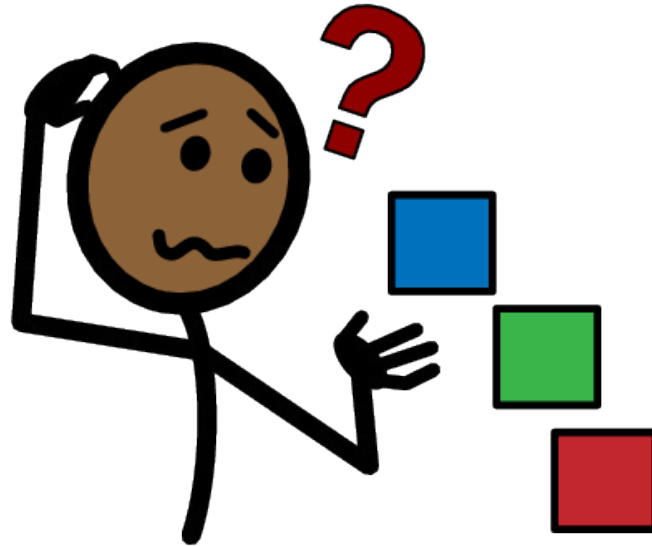
Would you like help to take part in elections, for example by getting:

- information, for example from flyers, Youtube, radio interviews or internet sites?
- access to polling places and processes?
- the language you need in your communication device or system?
- support to make decisions about elections?
- summaries of information about issues in a way you can understand?
- help to explore your political beliefs and values?
- help to understand how elections will impact your life in specific ways?
- the opportunity to visit Parliament house, political meetings, rallies or political figures?
- help to enrol to vote?



**What other help might you need to take part in elections?**

Write your ideas in your planning manual.



**Do you get the support you need  
to make decisions?**



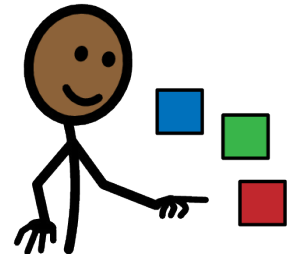
## Do you get the support you need to make decisions?

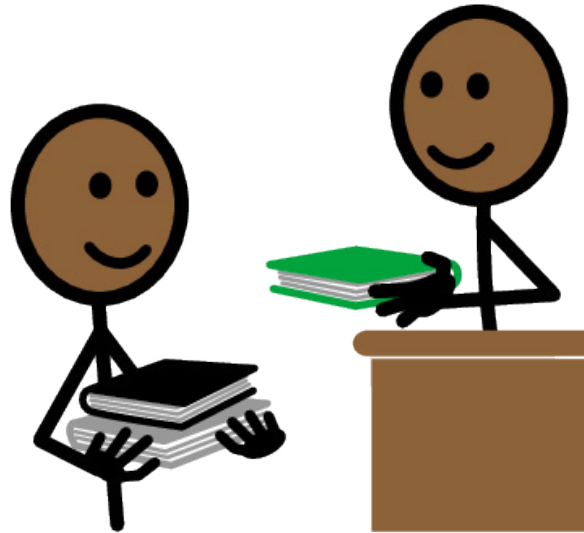
Do you or your supporters need help to:

- learn about the principles of supported decision making?
- see how your preferences can be used as the building blocks of decisions?
- decide who is right to support you with a particular decision?
- design the communication process you need to explore a decision, for example picture symbol talking mats?
- develop a communication passport or personal profile?
- learn how to break decisions down into small steps?
- support you to weigh up the pros and cons of a decision?
- manage conflicts of interest when it comes to decisions you make?

**What other help might you need to make decisions?**

Write your ideas in your planning manual.



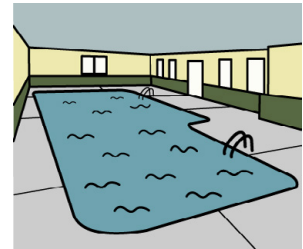


**Are you able to access the community?**

## Are you able to access the community?

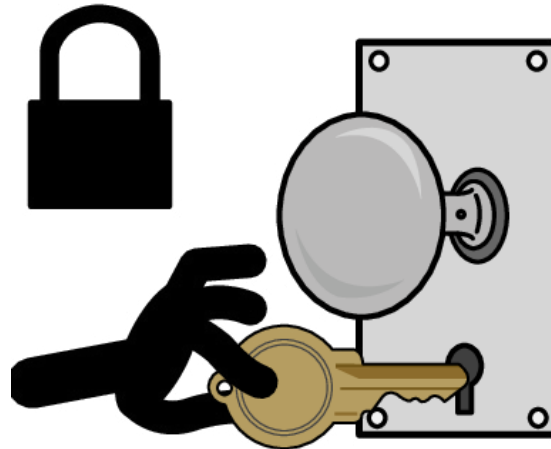
Do you need help with access, for example:

- getting into a building or public place?
- being accepted in places where you don't feel welcome, or where they try to put different conditions in place because you have a disability?
- accessible toilets at the places you choose to go?
- having signals you can touch or hear which help you to get around or use services?
- getting services or products which are at a suitable height for you, for example service desks?
- understanding or making a complaint under the Disability Discrimination Act 1992?



### **What other help might you need to access the community?**

Write your ideas in your planning manual.



**Are there things happening to you  
that you don't like?**

## Are there things happening to you that you don't like?

Are there things happening to you which you don't like and want to find alternatives to, for example:

- being put somewhere that you cannot leave when you want to?
- being given medication to control your behaviour?
- having something put on you to stop or make it harder for you to move, for example a harness in the car, or brakes on your wheelchair?
- people using their hands or body to lessen your ability to move when you are upset?
- being stopped from getting what you want, when you want it, for example by putting locks on cupboards, or taking things away from you?
- being yelled at, punished, or controlled, for example people telling you to be quiet, or forcing you to eat or do things when you don't want to?

**What are some things happening to you that you don't like and would like to find alternatives to?**

Write your ideas in your planning manual.



