

My Communication



What are the ways I communicate with others?

Using words, symbols, pictures, photos, gestures/pointing, signing, objects, technology, charts, visual schedules etc

How do I let you know that I am feeling:



Happy



Sad



Angry



Sick



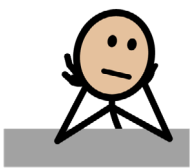
Sore



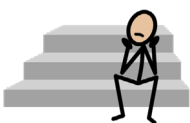
Stressed



Scared



Bored



Lonely



Unsafe



Safe

How do I let you know that I want or need:

- Help

- Something



- Affection
- Some attention
- Time alone
- Time together



- To do something / something else

- To see someone

- To go somewhere

- To come home

How do I let you know:

- I am saying or meaning yes or no
- Something is right / wrong
- My likes/dislikes
- Who I like/dislike spending time with
- When something is working or not working for me

