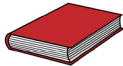


Who am I? (Person Centred Planning) resources



Person Centered Planning: <http://www.familiesleadingplanning.co.uk/Documents/PCP%20Key%20Features%20and%20Styles.pdf>

Person Centered Planning: Key Features and Approaches by Helen Sanderson is a good overview of this style of planning.



Everyday lives: http://www.inclusion.com/everyday_lives.pdf

Describes the foundation of person-centered planning and its potential for creating a better future for people and for influencing change.



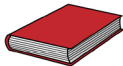
What I'd Say': <https://www.youtube.com/watch?v=AsCl1LTKPuk&app=desktop>

'What I'd Say' by Michael Steinbruck is a music video about the principles of person centred planning and rights.



Michael Smull - Definitions: <https://www.youtube.com/watch?v=tvANuym5VXY>

Michael Smull - Definitions. What is meant by person centred approaches, thinking and planning?



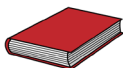
Increasing Person Centered Thinking: <http://rtc.umn.edu/docs/pcpmanual1.pdf>

Increasing Person Centered Thinking manual from University of Minnesota



Living a good life - Brenton: <http://vimeopro.com/user6314524/living-a-good-life-personal-support-networks/video/69723256>

Living a good life - Brenton. An Australian short film about a person centred approach.



'Person Centered Planning': <http://www.inclusion.com/jobrien.html>

A little book on 'Person Centered Planning' edited by John O'Brien and Connie Lyle O'Brien - find this and similar books at inclusion.com.



What is MAPs?: <http://helensandersonassociates.co.uk/person-centred-practice/maps/>

What is MAPs? A summary of the MAPs process - typically used in a meeting lasting 2-3 hours with the person and those close to them.



Beth Mount's TED talk: <https://www.youtube.com/watch?v=IXMALqo4E24>

Beth Mount's TED talk - Beautiful Justice asks us to assume that everyone has a gift, and a destiny.



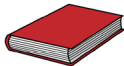
MAPS - Making Action Plans
: <http://www.inclusion.com/maps.html>

MAPS - Making Action Plans - is a planning process for people and organisations that begins with the person's story and helps us to know the person, dream with them and begin to build a plan to move in the direction of their dreams.



PATH: <http://www.inclusion.com/path.html>

PATH is a creative planning tool which starts in the future and works backwards to an outcome of first (beginning) steps that are possible and positive. It is excellent for team building and has been used to mediate conflicts.



Make a Difference: <http://www.inclusion.com/bkmakeadifference.html>

'Make a Difference'. This book Guides a Learning Journey that supports action-learning about relationship building, planning with people in a person-centered way, supporting choice, & building community inclusion.



Clueless: <https://www.youtube.com/watch?v=4im4s0qa5AE>

Denise Bissonnette recites her poem "Clueless" which challenges us to look beyond a person's barriers or limitations and gain a more expansive view of their passion, gifts, and possibilities.



Gifts and Possibility: https://www.youtube.com/watch?v=DNQqd_PRKdY

'Gifts and Possibility' Denise Bissonnette explains the importance of "possibility thinking" in her approach to job development - helping job seekers to see beyond their perceived limitations, to discover their own unique gifts, and to open their worlds to new possibilities.



Person Centered Planning: <http://waindividualisedservices.org.au/individualised-services/person-centred-planning/>

Person Centered Planning and the history as to how it came about.



Families Planning: <http://learningcommunity.us/documents/FPTGuide.11-03.pdf>

Families Planning together guide to Starting Work on an Essential Lifestyle Plan has a number of individual planning activities.