

## **Mapping my Community**

This project is an NDIS Information, Linkages and Capacity Building (ILC) initiative. For more ILC events and resources please visit http://www.disability.wa.gov.au/wa-ndis/information-linkages-and-capacity-building/resources/



Places in my community
- where people come
together with similar
interests



Roles where I could contribute, learn or be a member: Where would my gifts be welcome?



Who do we need to get started?

Myself

Support worker/service provider-

Parents/informal supporters

People in my community/ others



What do we need? Identify any additional costs, supplies, equipment, supports, accessibility issues, subscriptions.



Review: What worked? What didn't? What were the barriers?



Other things I would like to try, to be more involved with my community

## **Examples of Community Settings, Networks and Places**

Shire Councils Showgrounds Public Library

Health/Medical Centres

Music Venues

Pubs

Restaurants

Cafes Bakeries Businesses

Local Newspaper Local Radio Station

Local TV Youth Centres

Theatres Cinemas

Kindergartens Child Care Centres

**Activity Centres** 

Schools TAFF

Universities Town Hall Toy Library Museums

Science Centres

Playgroups

Community Legal Centres

Churches Local Markets **Support Centres** 

700s

National Parks Gardens

Surf Clubs Festivals

Gaming Centres



Government of Western Australia Department of Communities

**Golf Courses** Community Hubs Retail / Shops **Nursing Homes** Retirement Villages

Police Station Airport Hospital Fire Station

**Tourist Attractions** Sporting Clubs Conservatoriums

Nurseries Casinos **Train Stations Bus Stations** 

Accommodation Facilities

Hotels/ Motels Youth Centres Recycling Facilities

Refuges

**Animal Shelters** Community Gardens Sports Stadiums Parks, Ovals, Lakes Wildlife reserves Gymnasiums **Cultural Precincts** 

Charity Organisations

**Aquatic Centres** 

Hostels

First Aid / Ambulance Meals on Wheels

Jails and Courthouses

Civic Centres Heritage Precincts Mini Golf Courses Veterinarian Hospitals

Beauty and Hairdressing Salons

## **Examples of Associations**

Rotary

**Fundraising Groups** Political Organisations **Aboriginal Groups** 

7onta Lion's Club After School Clubs

**Rottnest Society** Wildflower Society

Small Business Association Homeless Organisations **Environmental Charities** Aboriginal Mentor Groups Heritage Organisations

Animal Rescue Starlight Foundation

Men's Shed **RSPCA** 

Scouts Australia Surf Lifesaving WA Religious Groups Volunteering WA Girl Guides

Police Citizens Youth Clubs

YMCA, YWCA

St Vincent de Paul Society

Sea Scouts

Youth Affairs Council Advocacy Groups Freedom Centre Red Cross Salvation Army **Cancer Society** 

Friends of the Library Friends of the Art Gallery

Meetup Groups Horsepower Befriend

**Gymnastics WA** 

## **Examples of Roles, Participation and Contributions**

Community gardening member Organise a street party Set up a market stall Join a movie / book club Start or join a meetup group Administration / clerical Join a board / committee Become a Disability Advocate Design / deliver pamphlets Work in an animal shelter Visit or drive elderly people Join a sporting team / club

Coach a team Be a water runner

Try a Sports-link programme Become a heritage quide

Assist with food drives/ deliveries Start a microenterprise

Hold a garage sale Grow vegetables for sale Pack and sort donations Join a drama group

Be a member of a band Become a friend of the museum

Help out at a toy library Become a tutor or reader

Start a support group Sell showbags at the Royal Show

Be a research assistant Assist with fundraising events

Sell raffle tickets

Become a pet / house sitter Join a walking or running club Join a surf club / do patrols Volunteer at a soup kitchen Work in a library or archives Learn a language online Join a study group

Graffiti removal Start your own business Bushfire volunteer

Go to a Bunnings Hobby Day

Go to Tag A Drag Bingo or Karaoke

Join an environmental group Volunteer at expos / conventions

Become an usher Join a cooking class Learn a specific skill

Become a buddy / mentor Join an historical society Investigate Collector Groups

Start or join a choir

Become an animal groomer Enrol in a TAFE course

Go to a trivia night at the pub Become a social justice warrior

Design web pages

Work at a farm or market garden

Be a technology tutor Start a courier business

Start a carwash or bin wash Intern at a company

Join a friendship group Learn a new type of dance Sew or knit for charities

Join a community club or activity

Make films for local TV

Sell merchandise at games Start a Facebook group

Work as a greeter or usher Join an outdoors group

Organise a food exchange Join a local church Become a gym member

Do repairs and maintenance Join an art group / create art

Attend a Music Festival Volunteer at Fringe Festival Join the Big Hoo-hah Comedy

Group

Join a public speaking group

Become a DJ