

Sport and Recreation



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Sometimes people think they need to be good at something to join in. That's not true.

There are many modifications to activities and equipment which can be made so that you can join in.

[Click here](#) for more information about sport and recreation.

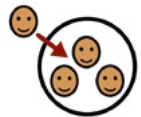
If you want a service which successfully assists people with finding and enjoying sport and recreation activities, you could ask the following questions.



Give me an example of how you have assisted someone to be included in a community sport or recreation activity of their choice.



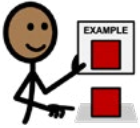
Describe some of the other community agencies, services and groups that you have helped people connect to.



How do you assist local community groups or organisations to be more inclusive?



What is your policy on using volunteers to support people taking part in recreation and leisure activities?



Can you give examples of the types of relationships some of the people you support have developed through sport and recreation?



How would you help me get connected with sport and recreation activities available in my community?



What strategies would you use to help me meet new people at a sport or recreation activity?



Would you assist me to create my own sport or recreation group to invite people to?

