

# Building My Group of Supporters



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**You may have a group of people who care about you and know you well. If not, your plan might include a goal to build your relationships so that you can establish a group of supporters.**

[Click here](#) to explore more information about building your group of supporters.

If you want a service to help you build or maintain a group of supporters, you could ask the following questions.



How would you support me to develop and maintain a variety of relationships? Does this include, for example, through 'a circle of friends', a 'circle of support' or a microboard?



What experience have you had doing this?



What benefits have you seen for people who have a group of supporters?

How would you work in cooperation with my group of supporters, to further my goals?



Can I talk with someone whom you've assisted in this way?



