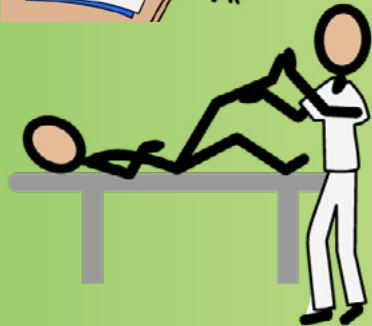
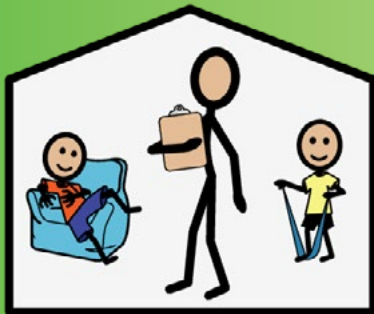


Therapy and Early Intervention



Therapy and Early Intervention

There are a lot of therapy options and they are offered by a range of people who identify as therapists or allied health professionals. It may be helpful to talk to people you know who have used therapy services, and to read on-line about different types of therapy, so you can work out what may work best for you.

If you want a therapy or early intervention service to support your goals, you could ask the following questions.

Questions in the section 'Understanding People: Positive Behaviour Support' may also be relevant.



What types of therapy do you provide?

Are your therapists registered with the [Australian Health Practitioner Regulation Agency \(AHPRA\)](#)?

You can use the [National Guidelines](#) to compare services and choose the right service for your child and family.

The Guidelines say that the best service providers are:

Family centred

Culturally sensitive

Inclusive

Focussed on everyday life

Focussed on teamwork

Focussed on building knowledge and skills

Qualified and evidence based

Focussed on outcomes



Does your service adhere to [The National Guidelines: Best Practice in Early Childhood Intervention](#), set by Early Childhood Intervention Australia for early childhood intervention services?



How many people do you currently support?



Do you specialise in supporting children and/or adults?

Do you have a transdisciplinary team, so I can get all my therapy services from one team? If not, will I be charged when my therapist needs to consult with therapists from other services?



Do you use student placements or therapy assistants to deliver services?

Tell me about your staff's experience with people with permanent disability.



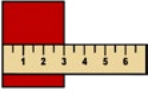
Does your service offer free 'meet and greets' so I can get to know the therapists in person?

How do your staff keep their skills up to date so that supports and services are effective?

Will you set goals in collaboration with me or do you take an expert approach to determining what goals to work on?



Is there is a waiting time to be able to access your services? If yes, how long?



How will you measure my progress?

Will you take a holistic approach to my therapy and talk to other professionals who support me, for example, my doctor, teacher and other therapists? How will I get that feedback?



Out of a one-hour appointment, how much time is spent in therapy and how much time is used for notes? If the entire hour is therapy time do I get charged any additional fees?



Do you charge for non-face-to-face contact?

“You need to be clear and speak straight. Don’t smooth over what’s not working.”

A parent





Do you have a cancellation policy?



Do I need to pay for appointments I don't attend?

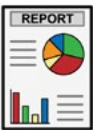


What happens if a staff member is not able to make the appointment? Will I still be charged?



Do you do home or community visits?

How will you support me in preparation for my plan review?



Do you provide reports to the government which document measurable goals and progress to support the next review? If yes, is there an additional charge?



Is the scheduling of my therapy support flexible?



Will you use an interpreter if needed? How will this be paid for?

