

Government of **Western Australia** Department of **Communities** 

## Mapping my Community

This project is an NDIS Information, Linkages and Capacity Building (ILC) initiative. For more ILC events and resources please visit http://www.disability.wa.gov.au/wa-ndis/wa-ndis/information-linkages-and-capacity-building/resources/



Places in my community - where people come together with similar interests



Roles where I could contribute, learn or be a member: Where would my gifts be welcome?



Who do we need to get started?

Myself

Support worker/service provider-

Parents/informal supporters

People in my community/ others



What do we need? Identify any additional costs, supplies, equipment, supports, accessibility issues, subscriptions.



Review: What worked? What didn't? What were the barriers?



Other things I would like to try, to be more involved with my community



## Examples of Community Settings, Networks and Places

Shire Councils Showgrounds Public Library Health/Medical Centres Music Venues Pubs Restaurants Cafes Bakeries Businesses Local Newspaper Local Radio Station Local TV Youth Centres Theatres Cinemas Kindergartens Child Care Centres Activity Centres Schools TAFF Universities Town Hall Toy Library Museums Science Centres Playgroups **Community Legal Centres** Churches Local Markets Support Centres Zoos National Parks Gardens Surf Clubs Festivals Gaming Centres

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Golf Courses Community Hubs Retail / Shops Nursing Homes **Retirement Villages** Police Station Airport Hospital Fire Station **Tourist Attractions** Sporting Clubs Conservatoriums Nurseries Casinos **Train Stations Bus Stations** Accommodation Facilities Hotels/ Motels Youth Centres **Recycling Facilities** Refuges Animal Shelters Community Gardens Sports Stadiums Parks, Ovals, Lakes Wildlife reserves Gymnasiums **Cultural Precincts** Charity Organisations Aquatic Centres Hostels First Aid / Ambulance Meals on Wheels

## Examples of Associations

Rotary Fundraising Groups Political Organisations Aboriginal Groups Zonta Lion's Club After School Clubs **Rottnest Society** Wildflower Society Small Business Association Homeless Organisations **Environmental Charities** Aboriginal Mentor Groups Heritage Organisations Animal Rescue Starlight Foundation Men's Shed RSPCA Scouts Australia Surf Lifesaving WA Religious Groups Volunteering WA **Girl Guides** Police Citizens Youth Clubs YMCA, YWCA St Vincent de Paul Society Sea Scouts Youth Affairs Council Advocacy Groups Freedom Centre Red Cross Salvation Army Cancer Society Friends of the Library Friends of the Art Gallery Meetup Groups Horsepower Befriend **Gymnastics WA** 

## Examples of Roles, Participation and Contributions

**H(O)D** 

Community gardening member Organise a street party Set up a market stall Join a movie / book club Start or join a meetup group Administration / clerical Join a board / committee Become a Disability Advocate Design / deliver pamphlets Work in an animal shelter Visit or drive elderly people Join a sporting team / club Coach a team Be a water runner Try a Sports-link programme Become a heritage guide Assist with food drives/ deliveries Start a microenterprise Hold a garage sale Grow vegetables for sale Pack and sort donations Join a drama group Be a member of a band Become a friend of the museum Help out at a toy library Become a tutor or reader Start a support group Sell showbags at the Royal Show Be a research assistant Assist with fundraising events Sell raffle tickets Become a pet / house sitter Join a walking or running club Join a surf club / do patrols Volunteer at a soup kitchen Work in a library or archives Learn a language online Join a study group Graffiti removal Start your own business Bushfire volunteer Go to a Bunnings Hobby Day

Go to Tag A Drag Bingo or Karaoke Join an environmental group Volunteer at expos / conventions Become an usher Join a cooking class Learn a specific skill Become a buddy / mentor Join an historical society Investigate Collector Groups Start or join a choir Become an animal groomer Enrol in a TAFE course Go to a trivia night at the pub Become a social justice warrior Design web pages Work at a farm or market garden Be a technology tutor Start a courier business Start a carwash or bin wash Intern at a company Join a friendship group Learn a new type of dance Sew or knit for charities Join a community club or activity Make films for local TV Sell merchandise at games Start a Facebook group Work as a greeter or usher Join an outdoors group Organise a food exchange Join a local church Become a gym member Do repairs and maintenance Join an art group / create art Attend a Music Festival Volunteer at Fringe Festival Join the Big Hoo-hah Comedy Group Join a public speaking group Become a DJ

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Jails and Courthouses

Veterinarian Hospitals

Beauty and Hairdressing Salons

Heritage Precincts

Mini Golf Courses

**Civic Centres** 

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www.waindividualisedservices.org.au